

Buddy Love

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Source: Buddy Love

CD: STAR-503CD

CD: Dance Fever DLD 1079, Ross Mitchell, track 10

CD: 30 Top Chas DLD 1086, Ross Mitchell – track 30

Dance: III +1 (Triple Cha Forward & Back) Cha-Cha

Start Dance: Butterfly Facing Wall-Lead Feet Free

Seq: Intro A B C1 D C2 D End

Intro

1-3 WAIT 2;; CUCA 2X;;

1-3 wait 2 meas;; sd L w/ partial wgt, rec R, sip L/R, L; sd R w/ partial wgt, rec L, sip R/L, R;

Part A

1-8 BAS;; NY 2X;; SPT TRN 2X;; FNC LN; FNC LN W/ HIP RKS;

1-4 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; strong XLIFR straight leg to L OP, rec R to fc, sd L/cl R, sd L; strong XRIFL straight leg to R OP, rec L to fc, sd R/cl L, sd R;

5-8 strong XLIFR trng RF, cont trn rec R to fc ptr, sd L/cl R, sd L; strong XRIFL trng LF, cont trn rec L to fc ptr, sd R/cl L, sd R; lunge LIFR bending knee, rec R, sd L/cl R, sd L; lunge RIFL bending knee, rec L, with hip action R/L, R;

Part B

1-10 BAS;; TRAV DR 2X [TO OPN LOD];; OPN BAS;; CIRC AWY/TOG;;

1/2 BAS & WHP ACRS;;

1-4 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; sd L, rec R, XLIFR/sd R, XLIFR; sd R, rec L, XRIFL/sd L, XRIFL;

5-8 bth fc LOD fwd L, rec R, bk L/cl R, bk L; bk R, rec L, fwd R/cl L, fwd R; circg LF fwd L, fwd R, fwd L/cl R, fwd L; cont circ fwd R, fwd L, fwd R/cl L, fwd R to fc ptr;

9-10 fwd L, rec R, sd L/cl R, sd L; bk R trng LF, fwd & sd L, sd R/cl L, sd R (W fwd L outsd M, fwd R trng LF 1/2, sd L/cl R, sd L);

11-16 SH-SH 2X;; RVS UNDRM TRN; UNDRM TRN; 1/2 BAS & WHP ACRS;;

11-14 fwd L to SCAR BFLY (W bk R), rec R, sd L/cl R, sd L; fwd R to BJO BFLY (W bk L), rec L, sd R/cl L, sd R; XLIFR, rec R, sd L/cl R, sd L (W XRIFL trng LF, cont trn rec L to fc M, sd R/cl L, sd R); bk R, rec L, sd R/cl L, sd R (W XLIFR trng RF, cont trn rec R to fc M, sd L/cl R, sd L);

15-16 fwd L, rec R, sd L/cl R, sd L; bk R trng LF, fwd & sd L, sd R/cl L, sd R (W fwd L outsd M, fwd R trng LF 1/2, sd L/cl R, sd L);

Part C1

1-8 NY TO FWD TRPL CHAS;; BK TRPL CHAS;; HND-HND 2X;; LARIAT;;

1-4 XLIFR, rec R, fwd L/lk R, fwd L; fwd R/lk L, fwd R, fwd L/lk R, fwd L; rk fwd R, rec L, bk R/lk L, bk R; bk L/lk R, bk L, bk R/lk L, bk R;

5-8 XLIBR to R OP, rec R to fc ptr, sd L/cl R, sd L; XRIBL to L OP, rec L to fc ptr, sd R/cl L, sd R; sip L, R, L/R, L (W circ arnd M CW R, L, R/cl L, fwd R); sip R, L, R/L, R (W cont arnd M L, R, L/cl R, sd L to fc M);

Part C2

1-8 HND-HND TO FWD TRPL CHAS;; BK TRPL CHAS;; HND-HND 2X;; LARIAT;;

- 1-4 XLIBR, rec R, fwd L/lk R, fwd L; fwd R/lk L, fwd R, fwd L/lk R, fwd L; rk fwd R, rec L, bk R/lk L, bk R; bk L/lk R, bk L, bk R/lk L, bk R;
- 5-8 XLIBR to R OP, rec R to fc ptr, sd L/cl R, sd L; XRIBL to L OP, rec L to fc ptr, sd R/cl L, sd R; sip L, R, L/R, L (W circ arnd M CW R, L, R/cl L, fwd R); sip R, L, R/L, R (W cont arnd M L, R, L/cl R, sd L to fc M);

Part D

1-8 CHASE W/ PEEKABOO;;; SD WK L/R;; FNC LN; FNC LN W/ HIP RKS;

- 1-4 fwd L trn RF 1/2, rec fwd R, fwd L/cl R, fwd L; sd R look ovr L shldr (W sd L), rec L, sip R/L, R; sd L look ovr R shldr (W sd R), rec R, sip L/R, L; fwd R trng LF 1/2 (W fwd L), rec L, fwd R/cl L, fwd R;
- 5-8 sd L, cl R, sd L/cl R, sd L; sd R, cl L, sd R/cl L, sd R; lunge LIFR bending knee, rec R, sd L/cl R, sd L; lunge RIFL bending knee, rec L, with hip action R/L, R;

End

1-8 BAS;; NY 2X;; SPT TRN 2X [TO OPN LOD];; 1/2 BAS BK;

FWD TRN IN BK CHA;

- 1-4 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; strong XLIFR straight leg to L OP, rec R to fc, sd L/cl R, sd L; strong XRIFL straight leg to R OP, rec L to fc, sd R/cl L, sd R;
- 5-8 strong XLIFR trng RF, cont trn rec R to fc ptr, sd L/cl R, sd L; strong XRIFL trng LF, cont trn rec L to fc ptr, sd R/cl L, sd R; bk L, rec R, fwd L/cl R, fwd L; fwd R, trn RF to fc ptr fwd L, cont trn to fc rvs bk R/cl L, bk R;

9-9 PT L;

- 9-9 pt L fwd (trail hnds up);