

Fallin'

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Music: "Fallin' (Viennese Waltz)" from iTunes, Album is:
"Hits for Ballroom Dancing. Artist is: "Ballroom Orchestra"
Dance: Hesitation Canter Waltz IV+2 (Natural Hover Cross, Contracheck)
Start Dance: CP DW Lead Feet Free
Sequence: Intro A B A B C B D End

Intro

There are no recognizable beats or measures in the intro. So, here is the description without reference to beats or measures:

There is a single piano note - skip it.

On the first singing note:

PROM SWAY: sd L rise on L w/ R sd stretch

On the next singing part:

RT LUNGE: flex L knee sd & fwd R with L sd stretch

Continuing in that singing part:

CHG SWAY LDY DEVELOPE; rotate RF changing to R sd stretch
ldy developes w/ R foot in front of M
prepare for a pickup into Part A

Part A

1-8 VIENN TRNS 2X;;; DIAM TRNS;;;

1-4 [viennese turns]

lead W to pkup while fwd L trng LF,-,-,cont trn sd R,-,XLIFR;

bk R cont trn,-,-,cont trn sd L,-,cls R;

repeat prev 2 meas;;

5-8 [diam turns]

fwd L,-,-,sd R,-,bk L; bk R,-,-,sd L,-,fwd R;

repeat prev 2 meas;;

9-12 [DC] L TRN INSD ROLL [to COH]; SD RONDE BEH SD;
THRU & ROLL 2; OPN BAS WITH PKUP [TO RVS];

9 [left trn inside roll]fwd L trng 1/4 LF pkg up the W,-,-,sd R
(W trng LF undr jnd ld hnds),-,XLIFR (W sd L to fc M);

10 [side & ronde behind side]sd R,fan the L foot CCW beh R,-,XLIBR,-,sd R;

11 [thru & roll 2]XLIFR,-,-,trng LF(W RF) roll R,-,L to fc;

12 [open basic with pickup]sd R,-,-,trng LF(W RF) bk L,-,rec R leading W to
pkup pos;

13-16 [RVS] L TRN INSD ROLL [WALL]; SD RONDE BEH SD;
THRU & ROLL 2; OPN BAS WITH PKUP [DC];

13-16 repeat measures 9-12[to face line];;;;

Part B

1-8 [DC] OPN RVS TRN; OUTSD CK; OPN IMP; THRU CHASSE;
NAT HVR X;; DRG HES; HES CHG;

1 [open rvs turn]CP fwd L trng LF,-,-,cont trn sd R,-,bk L to BJO;

2 [outside check]bk R trng LF,-,-,sd & fwd L,-,ck fwd R to BJO;

3 [open impetus]bk L trng RF,-,-,heel trn bk R,-,fwd L in tight SCP
(W fwd R,-,-,fwd L trng 1/2,-,fwd R to SCP);

4 [thru chasse]fwd R,-,-,sm fwd L,R,L;

- 5-6 **[natural hover cross]** fwd R trng RF,-,-, fwd L,-, fwd R c-scar
 (W bk L trng RF,-,-, cls R heel trn,-, sd L);
 XLIFR outsd ptnr,-,-, rec R, sd L, XRIF c-bjo (W XRIBL,-,-, rec L, sd R, XLIBR);
- 7 **[drag hesitation]** fwd L trng LF,-,-, cont trn sd R drawing L to R to BJO,-,-;
- 8 **[hesitation change]** bk L trng RF,-,-, sd R to fc DC drawing L to R,-,-;
 Note: 1st and 3rd times thru, end fcg DC.
 2nd time thru, end fcg LOD.

Part C

1-10 [LOD LOW BFLY] TRAV X CHASSE 3X;;; PASSG X CHASSE;
BK TRAV X CHASSE 4X [CP RVS];;;;
SLO PVT 4 TO VARSUV MAN TRANS [LOD Rt Feet Free];;;

1-3 **[travling cross chasses]**

with Dbl hnd hold fwd L, trn 1/8 LF (W LF), -, sd & fwd R, -, XLIFR;
 trng 1/8 RF (W RF) fwd R, trn 1/8 more, -, sd & fwd L, -, XRIFL;
 trng 1/8 LF (W LF) fwd L, trn 1/8 more, -, sd & fwd R, -, XLIFR;

4 **[passing X chasse]**

trng 1/8 RF (W RF) strong fwd R to W's R sd, trn 1/8 more, -,
 strong sd L passing in front of the lady, -, XRIFL;

5-8 **[back travling cross chasses]**

backing up bk L, trn 1/8 RF (W RF), -, bk & sd R, -, XLIFR;
 trng 1/8 LF bk R, trn 1/8 more, -, bk & sd L, -, XRIFL;
 trng 1/8 RF bk L, trn 1/8 more, -, bk & sd R, -, XLIFR;
 trng 1/8 LF bk R, trn 1/8 more, -, bk & sd L, -,
 leading W to CP fcg rvs cls R to L;

Note: more difficult option is to turn extra on each cross
 chasse along with creating more progression down line.

9-10 **[slow pivot 4 to varsuv - M trans using 5 steps]**

CP pivot 4 trng 1/2 RF on each step starting with back L, -, -, R, -, -;
 L, -, -, R, -, L (W on last pvt step trn extra to fc LOD);

11-16 [SD by SD LOD NO HNDS RT FEET FREE] SHADOW RT TRNS 2X;;;;
PKUP LDY TRANS; SWAY L&R;

11-14 **[shadow rt turns]**

both have R foot free fwd R trng RF,-,-, sd & bk L,-, bk R;
 bk L trng RF,-,-, sd R,-, fwd L; repeat prev 2 meas;;

Note: more difficult option: Start in varsuv. keep left hnds jnd during
 first measure passing over W's head. For 2nd measure change to right
 hnds jnd (M beh his bk) keep jnd while passing over W's head.
 Repeat with right hnds and then left hnds for the next two measures.

15 **[pickup to DC]**

sm fwd R,-,-, sd L,-, cls R
 (W fwd R trng RF,-,-, cont trn fwd & sd L to pkup pos,-,-);

16 **[sway left & right]** sd L with sway,-,-, sd R with sway,-,-;

Part D

1-6 OPN TELE; FWD HVR TO BJO; WHEEL 6 TO BFLY WALL;;;
WZ AWAY; CALIF TWRL;

1 **[open telemark]**

fwd L trng LF,-,-, sd & fwd R (W bk L w/ heel trn), -, fwd L to tight SCP;

2 **[fwd hvr to bjo]** fwd R,-,-, fwd L rising leading W to BJO

(W fwd R trng RF 1/2 to bjo), -, bk R;

3-4 **[wheel 6]** bk L,-,-, fwd R,-, fwd L; fwd R,-,-, fwd L,-, fwd R blending to
 BFLY Wall;

- 5 [wz away] trng LF awy from ptrn sd L,-,-,sd R,-,cl L;
 6 [calif. twrl] fwd R Xing in frnt of W,-,-,fwd L to open fcg RLOD,-,cl R
 (W fwd L trng LF under jnd trail hnds,-,-, sd R to open RLOD,-,cl L);

7-12 BKUP WZ; CALIF TWRL LDY TRANS;
SOLO SHADOW VIENN TRNS 2X LDY TRANS;;;;

- 7 [bkup wz] bk L,-,-,bk R,-,bk L;
 8 [calif. twrl] sm bk R start leading W under jnd trail hnds(W bk L),
 (W starts underarm),-, fwd L beh W twd COH(W fwd R under),
 (W sm fwd L),fwd R to rt opn LOD(W cls L);
 9-10 [solo shadow viennese turns]
 both using same foot - fwd L commence LF trn,-,-,sd R,-, XLIFR fcg rvs;
 cont LF trn bk R,-,-,sd L,-,cls R;
 11-12 repeat measure 9;
 cont LF trn bk R(W bk R),,-,-,sd L(W sd L),-,cls R(W tch R to L);

13-16 CANTER SWAY APRT; CANTER SWAY TOG;
CANTER SWAY LEFT; CANTER SWAY TO SCAR;

- 13 [canter sway aprt] Rt open LOD no hnds jnd sd L,-,-,cls R,-,sd L;
 14 [canter sway together] sd R,-,-,cls L,-,sd R trng to fc ptrn;
 15 [canter sway] sd L,-,-,cls R,-,sd L;
 16 [canter sway to scar] sd R,-,-,cls L,-,sd R endg in SCAR;

End

1-9 [SCAR DW] X HVR 3X TO 1/2 OPN;;; THRU CHASSE;
OPN I/O RUNS;;; THRU CHASSE TO BJO [DW];
[BJO DW] MNVR & PVT 2 [DC]; CONTRACHK & HOLD;

- 1-3 [x hvr 3x] XLIFR(W XRIBL),,-,-,sd R w/ rise,-,rec L to bjo;
 XRIFL(W XLIBR),,-,-,sd L w/ rise,-,rec L to scar;
 XLIFR(W XRIBL),,-,-,sd R w/ rise(W bk L),-, fwd L to 1/2 opn(W fwd R);
 4 [1/2 open V-shape thru chasse]
 fwd R,-,-,sm fwd L,cls R,fwd L;
 5-6 [opn in/out runs]
 fwd R trng RF in frnt of W,-,-,sd & fwd L trng to fc LOD,-,fwd R;
 fwd L(W fwd R trng RF in frnt of M),,-,fwd R
 (W sd & fwd L trng to fc LOD),-,fwd L in 1/2 opn;
 7 [thru chasse to bjo]
 fwd R,-,-,sm fwd L,cls R(W cls L),fwd L(W trning to bjo bk R);
 8 [mnvr & pivot 2]
 trng RF fwd R in front of W to CP,-,-,pvt bk L,-,
 pvt fwd R to CP DC;
 9 [contrachk to DC]
 on single last note - lowering in R knee fwd L w/ Rt sd lead
 (W bk R) & hold, extend the W's upper body out