

My Love Is Unbreakable

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John & Karen Herr, 4535 Red Rock Dr, Larkspur, CO, 80118, 303-681-3147
CD: The Most Beautiful Songs for Dancing - Heavenly Steps by
Vio Friedman, Track #10, "Unbreakable" (Also available on I-Tunes)
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Sequence: Intro A B A C C(1-8) B(3-10) D A End

Intro

1-2 WAIT 2 [SCAR LOD];;
1-2 wait 2;;

Part A

1-4 X CHK REC BJO [DC]; CHK REC SCAR [DLW]; X CHK REC BJO [DLW];
X PVT SCAR [LOD];
1-2 [X CHK REC BJO] XLIFR (XRIBL) in SCAR,,, rec R,, sd L BJO;
[CHK REC SCAR] XRIFL (XLIBR) in BJO,,, rec L CP,, sd R SCAR;
3-4 [X CHK REC BJO] XLIFR (XRIBL) in SCAR,,, rec R,, sd L BJO;
[X PVT SCAR] comm RF trn fwd R in frnt of W (W sm fwd L),,,
strong trn RF sm sd L,, fwd R (W bk L) to SCAR LOD;
5-10 X CHK REC BJO [DC]; MANUV; 2 R TRNS;; PROM SWAY;
REC SCAR/DEVELOPE [RVS];
5-6 [X CHK REC BJO] XLIFR (XRIBL) in SCAR,,, rec R,, sd L BJO;
[MANUV] fwd R trng RF in frnt of W,,, sd L,, cl R to CP RLOD;
7-8 [2 R TRNS] bk L trng RF,,, sd R,, cl L; fwd R trng RF,,, sd L,, cl R;
[PROM SWAY] sd L rising with Rt sd stretch looking LOD,,,,,
9-10 [REC SCAR/DEVELOPE] trng RF on L stp R to RVS in SCAR (W stp L to
RVS fc LOD),,, hold (W develop),,,
11-16 WSK TO RVS; RIPPLE CHASSE; I/O RUNS;; CHAIR & SLIP [LOD];
CANTER 2X;
11-12 [WSK TO RVS] fwd L trng LF (W bk R),,, sd R (W bk L),, hk LIBR
(W hk RIBL);
[RIPPLE CHASSE] thru R trng to fcd ptrn in CP,,, sd L, cl R, sd &
fwd L to SCP;
13-14 [I/O RUNS] fwd R trng RF in frnt of W (W fwd L),,, sd L (W fwd R),,
fwd R to 1/2 opn (W fwd L); fwd L (W fwd R trng RF in frnt of M),,,
fwd R (W sd L),, fwd L (W fwd R) to SCP;
15-16 [CHAIR & SLIP] fwd R bending knee in SCP,,, rec L (W comm LF trn),,
bk R trng LF 1/8 (W fin trn to CP DC);
[CANTER 2X] sd L, draw R to L, cl R, sd L, draw R to L, cl R;

Part B (see note below)

- 1-6 VIEN TRNS;; LFT TRN INSD ROLL [COH]; CANTER-SWAY;
LFT TRN INSD ROLL [WALL]; CANTER-SWAY;
- 1-2 [VIEN TRNS] fwd L trng LF,,,cont trn sd R,,hk LIFR (W cl R);
bk R trng LF,,, sd L,,cl R (W hk LIFR);
- 3-4 [LFT TRN INSD ROLL] fwd L trn LF 1/2 to fc COH (W trns LF under
ld hnds to fc WALL),,,, sd R,,XLIFR;
[CANTER-SWAY] sd R, draw L to R; cl L, sd R, draw L to R, tch L;
- 5-6 [LFT TRN INSD ROLL] repeat meas 3 to fc WALL;
[CANTER-SWAY] repeat meas 4;
- 7-10 WZ AWY; BOTH ROLL AX [OPN LOD]; PKUP & CUDDLE PVT 3[SCAR LOD];;
- 7-8 [WZ AWY] trng LF awy from ptnr sd L,,, sd R,, cl L;
[BOTH ROLL AX] fwd R comm RF trn,,,sd L aX LODcont trn to L 1/2 opn,,
cls R (W rolls LF L,,,R,,L);
- 9-10 [PKUP & PVT 3] sm fwd L (W folds in front fwd R) to CP,,,pvt R,,;
pvt L,,, pvt R,,;
- NOTE: 1st time thru, end in SCAR LOD.
2nd time thru, skip over meas 1&2, and end CP LOD.

Part C (see note below *)

- 1-6 DIAM TRNS 1/2 W/ CHK;; BK PASSING CHG; HVR CORTE [DLW];
BK TO WSK; OPN NAT;
- 1-2 [DIAM TRNS 1/2] trng LF fwd L to BJO,,, sd R,, bk L to fc DRC;
cont trn bk R,,, sd L,, fwd R to BJO DRW chkg;
- 3-4 [BK PASSING CHG] in BJO bk L,,, bk R,, bk L;
[HVR CORTE] sd & bk R trng LF,,, cont trn sd & fwd L w/ rise,,
rec bk R to BJO;
- 5-6 [BK TO WSK] bk L,,, bk R trng W RF to fc,, hk LIBR (W hks RIBL);
[OPN NAT] fwd R trng RF in frnt of W,,, sd & bk L to BJO,, bk R in BJO;
- 7-10 OUTSD SPIN [RDW]; BK CURVG 3 [LOD]; *CANTER-SWAY 2X;;
- 7-8 [OUTSD SPIN] in CBJO sm bk L trng RF,,, fwd R arnd W trng RF,,
sd & bk L to CP DRW;
- [BK CURVG 3] curvg LF bk R,,, bk L,, bk R fc LOD;
- 9-10 [CANTER-SWAY 2X] sd L, draw R to L, cl R, sd L, draw R to L, tch R; sd R,
draw L to R; cl L, sd R, draw L to R, tch L;
- *NOTE: 2nd time thru C, drop the canter-sway 2x.

Part D

- 1-8 LFT CURVG 3 [RVS]; BK CHASSE BJO [DLW]; HAIRPIN [DRW];
BK TIPPLE CHASSE PVT; SPIN TRN [LOD]; 1/2 BX BK;
CANTER-SWAY 2X [SCAR LOD];;
- 1-2 [LFT CURVG 3] curvg LF fwd L,,, fwd R,, fwd L fc RVS;
[BK CHASSE BJO] comm LF trn bk R,,, sd L, cls R, sd L to bjo DW;
- 3-4 [HAIRPIN] fwd R curvg RF,,, fwd L curvg RF,, fwd R to BJO RDW;
[BK TIPPLE CHASSE PVT] comm RF trn bk L,,, cont trn sd R, cl L,
sd R pvtg strongly to fc RVS;
- 5-6 [SPIN TRN] bk L pvtg RF 1/2,,, fwd R w/ rise,, sd & bk L;
[1/2 BX BK] bk R,,, sd L,, cl R to fc LOD;
- 7-8 [CANTER-SWAY 2X] repeat meas 9-10 of Part C - end SCAR LOD;;

End

- 1-4 OPN TELMRK; CHAIR REC & FC [WALL]; CANTER-SWAY 2X [LOOK LOD];;
- 1-2 [OPN TELMRK] fwd L,,, trn LF sd & fwd R (W bk L w/ heel trn),, fwd L
to tight SCP;
[CHAIR REC FC] fwd R bending knee,,, rec bk L trng to fc ptrn,,
cls R to CP WALL;
- 3-4 [CANTER-SWAY 2X] repeat meas 9-10 of Part C - end Look to LOD;;
- 5-8 SLO FWD & FWD/SPIRAL; SLO FWD & FWD/SPIRAL; SLO WK & FC [CP WALL];
CONTRACHK
- 5-6 [SLO FWD & FWD/SPIRAL 2X] fwd L (W R),,,fwd R (W L) with full spiral
to fc LOD,,; repeat meas 5;
- 7-8 [WK & FC] fwd L,,, fwd R trng to fc Wall ptrn,,;
[CONTRACHK] CP slight LF trn flex knees w/ Rt sd lead fwd L to CBMP,
then extend