

# Up

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Music: Album: "Up!", Shania Twain  
Rhythm: II+2 2Step Date: Feb 1,2012 Speed: Slow to comfort  
Sequence: Intro A B A(mod1) B C A(mod2) B D End

## Intro

1-5 [OPEN LOD LEAD FEET FREE] WAIT 2;; SD 2STP APT/TOG;; WK & MANUV;  
1-4 wait 2 meas;; opn sd L, cl R, sd L,-; sd R, cl L, sd R,-;  
5-5 fwd L,-, trng RF in front of W fwd R to CP RLOD,-;  
  
6-7 PVT 2 [FC WALL]; VIN 4;  
6-7 bk L trng RF,-, fwd R, completing 1/2 trn; sd L, XRIBL,  
sd L, XRIFL;

## Part A

1-10 BBALL TRN;; HTCH 6;; CIRC AWY/TOG;; TWRL 2; WK & FC;  
1-4 sd L,-, rec R,-; trng RF 1/4 fwd L,-, trng RF 1/2 rec R end in  
OP, -; fwd L, cl R, bk L,-; bk R, cl L, fwd R,-;  
5-8 circ LF (W RF) fwd L, cl R, fwd L,-; cont circg fwd R, cl L, fwd R  
to fc ptr, -; fwd L,-, fwd R,-(W fwd R trng RF undr ld hnds,-,  
cont trn sd & bk L,-); fwd L,-, fwd R trng to fc ptr,-;  
  
9-15 BBALL TRN;; HTCH 6;; CIRC AWY/TOG;; SD DRW CL [TO BFLY];  
9-14 repeat meas 1 thru 6 of Part A;;;;;  
15-15 sd L, drw R to L,-, cl R;

## Part B

1-6 SNDSTP 2X;; CUT BK CUT FLICK; THRU FC CLS; AWAY KCK FC TCH;  
AWAY KCK FC TCH;  
1-4 toe L, heel L, XLIFR,-; toe R, heel R, XRIFL,-; in BFLY looking  
twd LOD lock LIFR, bk R, lock LIFR, flick R bk & up; fwd R trng  
to fc ptr, sd L, cl R,-;  
5-6 trng away from ptr sd L, kck R, trng to fc ptr stp R, tch L;  
trng away from ptr sd L, kck R, trng to fc ptr stp R, tch L;  
  
7-8 VIN 4; 1) SD DRW CL [BFLY] 2) WK 2 [OPN] 3) WK & PKUP[CP LOD];  
7-7 sd L, XRIBL, sd L, XRIFL;  
8-8 1st time thru: sd L, drw R to L,-, cl R to BFLY;  
2<sup>nd</sup> time thru: fwd L,-, fwd R to opn LOD,-;  
3<sup>rd</sup> time thru: fwd L trng LF leadg W to pkup,-,cls R to CP LOD,-;

## Part A(mod1)

1-7 BBALL TRN;; HTCH 6;; CIRC AWY/TOG;; SD DRW CL [TO BFLY];  
1-6 repeat meas 1 thru 6 of Part A;;;;;  
7-7 sd L, drw R to L,-, cl R;

**Part C**

1-4 [OPN] VIN APT 3 WITH TRN [TO FC RVS]; VIN 3 MORE;  
VIN TOG 3 WITH TRN [TO FC LOD]; VIN 3 MORE [TO W TAMARA];

1-4 opn sd L, XRIBL, sd L with LF (W RF) trn 1/2,-;  
sd R, XLIBR, sd R,-;  
Repeat prev 2 meas to fc in Lady's tamara position;;

5-10 WHEEL 6 WITH UNWRAP;; L TRNG BOX 1/2;; WK 2 [TO RVS]; WK & FC;

5-8 in ldy's tamara trng RF fwd L, fwd R, fwd L,-; cont trng RF Ldy  
unwraps R, L, R, end BFLY wall; sd L, cl R, fwd L trng 1/4 LF,-;  
sd R, cl L, bk R trng 1/4 LF,-;

9-10 fwd L,-, fwd R,-; fwd L,-, fwd R trng to fc ptr,-;

11-15 L TRNG BOX 1/2;; WK & FC; 2 TRNG 2STPS;;

11-14 sd L, cl R, fwd L trng 1/4 LF,-; sd R, cl L, bk R trng 1/4 LF,-;  
fwd L,-, fwd R trng to fc ptr,-; sd L, cl R, fwd L pvtg RF 1/2,-;

15-15 sd R, cl L, fwd R pvtg RF 1/2,-;

**Part A(mod2)**

1-8 BBALL TRN;; HTCH 6;; CIRC AWY/TOG;; TWRL 2; WK & FC [TO BFLY];

1-8 repeat meas 1 thru 8 of Part A;;;;;;

**Part D**

1-6 SCIS SCAR; WK OUT 2; SCIS BJO; WK IN 2; HTCH FWD; HTCH/W SCIS SCP;

1-4 sd L, cl R, XLIFR to SCAR,-; in SCAR fwd L,-, fwd R,-; sd R, cl L,  
XRIFL to BJO,-; in BJO fwd L,-, fwd R,-;

5-6 fwd L, cl R, bk L,-; bk R, cl L, fwd R to SCP,-(W fwd L trng RF  
1/2, cl R, fwd L);

**End**

1-4 VIN APT 3 W/ TRN [TO FC RVS]; VIN 3 MORE;  
VIN TOG 3 W/ TRN [TO FC LOD]; VIN 3 MORE [TO FC PTR];

1-4 repeat meas 1 thru 4 of Part C to fc ptr;;;;

5-8 TWRL VIN 3; TWRL RVS 3; SD 2STP; RK THRU HOLD;

5-5 sd L, XRIBL, sd L,-(W fwd R trng RF undr ld hnds, cont trn sd &  
bk L, sd R,-);

6-6 sd R, XLIBR, sd R,-(W fwd L trng LF undr ld hnds, cont trn sd &  
bk R, sd L,-);

7-8 sd L, cl R, sd L,-; in BFLY XRIFL (W XLIFR) tilt to fc RVS & hold;

