

Lolita Cha

John & Karen Herr, kherr@jeffco.k12.co.us

Record: Spec Press (flip of For Those Who Are Young) Rating V+2 CH
Speed: 44-45 Sequence: Intro A B C A D B C End Revised: 3/18/01
Pos: fcg RVS ld hnds jnd twd RVS ld ft fwd in press Ln trl hnds out/bk

Intro

- 1-4 **WAIT 2;; SWITCH RK [TO FC]; SPT TRN [TO HNDSHK];**
1-4 wait 2 meas;; bk & sd L to fc ptr, rec R, in plc L/R, L;
strong XRIFL trng LF, cont trn rec L to fc ptr, sd R/cl L, sd R;

Part A

- 1-8 **START FLIRT; SLIDE AX; SWEETHEARTS 3X;;; SPT TRN [TO FC];
CHALL CHASE;;**
1-4 fwd L, rec R, sm sd L/cl R, sd L (W bk R, rec L trng LF, cont trn to
R VARS sd & bk R/cl L, sd R); bk R, rec L, sd R/cl L, sd R (W bk L,
rec R, sd L/cl R, sd L to L VARS); XLIFR (W RIBL) hnds extndd
(bth looking at ptr), rec R, sd L/cl R, sd L; XRIFL (W LIBR), rec L,
sd R/cl L, sd R;
5-8 XLIFR (W RIBL), rec R, sd L/cl R, sd L; strong XRIFL trng LF, cont
trn rec L to fc ptr, sd R/cl L, sd R (W trns only 1/2 to fc M); fwd L
trn RF 1/2, rec R, trng 1/2 more stp L/R, L (W 1/2 basic); rk bk R,
rec L, fwd R/L, R (W fwd L trn RF 1/2, rec R, trng 1/2 more stp
L/R, L);

Part B

- 1-8 [Hndshk] **TURKISH TOWEL;;; CATAPULT;; SPT & TIM; TIM & SPT;**
1-4 fwd L, rec R, sd L/cl R, sd L (W bk R, rec L, sd & fwd R/cl L,
fwd R); bk R, rec L, sd R/cl L, sd R (W XLIFR trn, trng RF undr jnd hnds
fwd arnd M R, L/R, L); in VARSUV M in frnt to the right side bk L,
rec R, sd L/cl R, sd L (W fwd R, rec L, sd R/cl L, sd R); bk R,
rec L, sd R/cl L, sd R (W fwd L, rec R, sd L/cl R, sd L);
5-8 both hnds jnd rk aprt L (W R), rec R, in plc ld W to left sd of M
L/R, L; drop trail hnds ld W in frnt - in plc stp R, L, R/L, R
(W trns RF 1 1/2 in to fc M); strong XLIFR trng RF, cont trn rec R to
fc ptr, sd L/cl R, sd L (W time step - R, L, R/L, R); no hnds fcg ptr
XRIBL, rec L, sd R/cl L, sd R (W spt trn - L, R, L/R, L);

Part C

- 1-4 **OP HIP TWST TO FAN;; STOP & GO HKY STICK X LUNGE;;**
1-4 ck fwd L, rec R, bk L/cl R, bk L (W bk R, rec L fwd R/L, R with 1/4
swvl); bk R, rec L, sd R/cl L, sd R (W fwd R, L trng LF 1/2,
bk R/bk L, bk R); ck fwd L, rec R, ldg W to trn LF then no hnds jnd
in plc L/R, L to fc catching the W w/ R hnd (W cl R, fwd L, trng LF
1/4 R/L, R); XRIFL hnds extndd, rec L, in plc R/L, R jnd ld hnds in fan pos
(W XLIFR*, rec R, trng RF 1/4 L/R, L); *Option: Ldy may XLIFR or XLIBR
5-8 **START ALEMANA; TRN INTO AIDA; SWITCH RK [TO FC];
SHAKE AND POP [TO HNDSHK];**
5-8 fwd L, rec R, sd L/cl R, sd L ld W to RF trn (W cls R, fwd L, R/L, R
comm RF trn); XRIFL, sd L to fc, trn RF bk R/cl L, bk R to V pos with
ld hnds jnd; bk & sd L to fc ptr, rec R, in plc L/R, L;
bnd knees & shake for 3 bts,,, qkly straighten knees while extnd hnds
up & out then go to hndshk - also free up L ft (W R ft);

Part D

- 1-4 **START CHASE BTH TRN TO FC WALL;; CATAPULT MAN [TO FC THE LDY M FC COH];;**
1-4 fwd L trn RF 1/2, rec fwd R, fwd L/cl R, fwd L; fwd R trn LF 1/2
(W RF 1/2), rec fwd L, fwd R/cl L, fwd R; both hnds jnd rk aprt L (W R),
rec R, fwd to left sd of W L/R, L; drop trail hnds trn RF 1 1/2 to fc W

R, L, R/L, R (W lds M in frnt - in plc stp L, R, L/R, L); end fcg COH

5-8 **START CHASE BTH TRN TO FC COH;; CATAPULT MAN [TO FC THE LDY M FC WALL];;**
5-8 repeats meas 1 thru 4;;; end fcg wall

End

1-7 **START FLIRT; SLIDE AX; SWEETHEARTS 2X;; SWEETHEART M TRANS;**
PARALLEL CHASE [M HNS ON W'S HIPS];;

1-4 fwd L, rec R, sm sd L/cl R, sd L (W bk R, rec L trng LF, cont trn to
R VARS sd & bk R/cl L, sd R); bk R, rec L, sd R/cl L, sd R (W bk L,
rec R, sd L/cl R, sd L to L VARS); XLIFR hnds extndd looking at ptr
(W XRIBL looking at ptr), rec R, sd L/cl R, sd L; XRIFL (W XLIBR),
rec L, sd R/cl L, sd R;

5-7 XLIFR, rec R, sd L, sd R (W XRIBL, rec L, sd R/cl L, sd R;
W & M same ft sd L trng RF, rec R, fwd L/cl R, fwd L; trng LF sd R,
rec L, fwd R/cl L, fwd R;

8-8 **RK SD CHA CHA PT [SEE NOTE];**

8-8 sm ftwrk sd L, -, rec R/in plc L, pt R to RVS;

Note: M's hnds on W's hips, W hnds extended R hnd high, L hnd low.