

Mexico

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Sequence: Intro ABC ABC D End Phase V+2 Single Swing

Intro

1-4 WAIT 2;; MOD CHOPPER;;

1-4 wait 2 meas;; bk to bk weight on both feet raise jnd lead hnds CCW
ovr W's head W trng LF to fc M, -, -, -; raise jnd hnds CW over M's
head M trng RF to fc W leaving L ft free(W R ft free), -, -, -;

Part A (start fcg Wall, end fcg COH)

1-8 SD TCH SD; FALWY TO DBL WHP TRN & CHG R-L;;; CHG L-R &
SHE GO HE GO;;;

1-4 [sd tch sd] sd L, tch R to L, sd R, -; [falwy dbl whp trn] rk apt L, rec
R to fc, trng RF sd L to CP, -; cont trn XRIBL, sd L, XRIBL, sd L;
sd R, - total is 1 full trn fin fcg WALL, [chg R-L] rk bk L, rec R;
5-8 sd L, -(W twrls RF under ld hnds), sd & fwd R, -; [chg L-R] rk bk L, rec
R, sd L, -(W twrls LF under ld hnds); sd R, -, [she go he go] rk apt L,
rec R; fwd L while W trns LF under jnd lead hnds, -, trn LF under jnd
lead hnds bk R to fc ptrn and COH (W fc M), -;

Part B (start fcg COH, end fcg COH)

1-8 MOD RT TRNG FALWY & SLING SHOT THROWOUT;;; NECK SLIDE;;
MOD STOP AND GO WITH DBL RK & RR;;;

1-4 [rt trng flwy] rk bk L, rec R to fc, trng RF 1/2 sd L, -; cont trn _
bendg L knee and pt R to RVS, -, [slingshot throwout] M hold pos
(W trng to fc LOD bk R), M hold pos (W rec L twd LOD);
M trns to fc W and LOD no wgt chg(W trng LF to fc RVS bk R), -,
M stp R(W sm bk L - she completes a falwy thrwy), -;
[neck slide] rk apt L, rec R raising both jnd hnds up & over ptrns
head and beh ptrns neck, W to right sd of M wheel fwd L, -;
5-8 fwd R, fwd L, let go both hnds and let M's R and W's R hnds to sld
out to hndshk fwd R - total trn is _ - end fcg COH, -;
[mod stop & go] hndshk rk apt L, rec R, chgg sds fwd L trng RF 1/2 to
fc W and WALL - jn both L hnds(W fwd R trng LF undr hndshk to fc M), -;
rk apt R, rec L, rk apt R, rec L; drop L hnds fwd R trng LF 1/2 to fc W
and COH(W fwd L trng RF under hndshk to fc M and WALL), -,
[and RR] rk apt L, rec R;

Part C (start fcg COH end fcg WALL)

1-8 SLO NAT TOP WITH UNDRM TRNS OUT TO FC;;; MOD SLO COCA ROLA 2X;;;

1-4 [nat top with undrm trns out to fc] CP trng RF sd & fwd L, -, XRIBL
(W sd), -; sd L leadg W LF insd trn undr lead hnds, -, XRIBL bring W bk
to CP COH, -; raise lead hnds fwd L trng LF undr lead hnds twd DCR
(W fwd R twd WALL), -, fwd R twd RVS(W stp twd RVS), -; twd RVS
fwd L(W fwd R to RVS), -, fwd R to fc ptrn(W fwd L to fc M),
- end fcg ptrn & WALL;
5-8 [mod coca rola] XLIFR (W XRIFL), -, bk R(W bk L), -; sd L, -,
XRIFL(W XLIFR), -; repeat last 2 meas;;

Part D (start fcg Wall, end fcg Wall)

- 1-8 **SLO PRETZL TRN;;; SD BRK OUT; SD BRK IN; 2 QK BRKS;**
2 BUMPS [TO HNDSHK];
- 1-4 [pretzl trn] rk bk L, -, rec R to fc, -; sd L trng RF(W LF) twd LOD, -,
cont trn sd R to LOD bk-bk pos lead hnds jnd, -; XLIFR twd LOD extndng
R hnd (W L hnd), -, rec R bk-bk, -; trng LF(W RF) sd L twd RVS, -,
cont trn sd R to RVS, -;
- 5-8 [sd brk out] sd out L/sd out R, -, -, -; [sd brk in] stp in L/stp in R,
-, -, -; [2 qk brks] sd out L/sd out R, -, stp in L/stp in R, -;
[2 bumps] hip bump M's R hip W's L hip 2x, , -, -;

End (start fcg Wall, end fcg Wall)

- 1-5 **[HNDSHK]SD TCH SD; MIAMI SPECIAL & SD-BY-SD PASSES &**
CHG L-R[BFLY WALL];;;;
- 1-4 [sd tch sd] sd L, tch R to L, sd R, -; [miami special] rk apt L, rec R,
fwd L trng RF leadg W to LF trn undr jnd R hnds putting joined hnds ovr
M's head to rest on M's neck fcg LOD, -; sd R sldg apt with W's hnd sldg
down M's left arm endg fcg LOD, -, [sd by sd passes] L OPN fcg LOD XLIBR
(W XRIBL), release hnds rec R; sd L passg beh W to L sd of W, join M's R
W's L hnds, R OPN fcg LOD XRIBL (W XLIBR), release hnds rec L; sd R
passg beh W to R sd of W, join M's L W's R hnds,
- 5-5 [chg L-R] rk bk L, rec R; sd L, -(W twrls LF under ld hnds), sd R,
- end bfly Wall;
- 6-7 **STOP & GO WITH BUMPS (end wrap pos fcg wall;;**
- 6-7 [mod stop & go w/ bumps] rk apt L, rec R leadg W undr jnd lead hnds LF,
sm fwd L wrapg W lowering lead hnds in frnt of W fcg Wall, -; bump M's
R hip w/ W's Left hip, again,-,-;